

The Department of Human Development and Family Science, The David B. Falk
College of Sport and Human Dynamics, and the Aging Studies Institute

Invite you to

**Cognition on the Go: The Opportunities and Challenges for
Mobile Cognitive Health Research
with**



Dr. Martin J. Sliwinski
Penn State

Friday, October 18, 2019
1:30 p.m. - 3:00 p.m.
Falk 100

Martin Sliwinski is the Gregory H. Wolf Professor in Healthy Aging and Human Development and Director of the Center of Healthy Aging at Penn State. He is a renowned expert in cognitive changes that accompany aging, and his work has significant implications for helping support adaptive aging. His talk will specifically discuss how the use of mobile technology affords novel opportunities to assess cognitive change in older adults. While there are potential substantial unique benefits to mobile assessments, there are also technical and logistic barriers that impede their widespread utilization. In this talk, he will describe efforts to overcome these barriers. By overcoming these barriers, mobile assessments may provide unique tools to help understand the dynamics of cognitive function in older adults and in implementing interventions to improve their well-being.

**For more information, and for accessibility and accommodations requests, please contact
Kathy Rainone at kbrainon@syr.edu or 315.443.2757 by October 14, 2019.**