

## **CAPS Seminar**

Date: October 6, 2023 Time: 12:00 - 1:00pm EST Virtual: <u>https://syracuseuniversity.zoom.us/j/93517062521?</u>

## Biosocial Aging: Measurement, Equity and Ethics



## Lauren Brown

Assistant Professor of Gerontology University of Southern California

Dr. Brown is an Assistant Professor and Gerontologist. Centered around the biopsychosocial processes of aging, Dr. Brown's research uses publicly available data with the goal of understanding the unique difficulties Black Americans face in maintaining physical and psychological well-being as they age. Focusing on the complex interplay between stress and health, her approach aims to reframe the Black disadvantage narrative in health and aging, highlighting the heterogeneity in how Black older adults observe their stress, burdens and simultaneously adapt, thereby acknowledging the resourcefulness, coping , and agency they employ in reaching adulthood. Dr. Brown's research and teaching philosophy emphasizes the value of statistics and quantitative methods in combination with community-based, publicly available data to create measurable change in the lives of Black people. <a href="https://gero.usc.edu/faculty/lauren-brown-phd/">https://gero.usc.edu/faculty/lauren-brown-phd/</a>

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