

Brittany K. Jakubiak
Curriculum Vitae

CONTACT INFORMATION

Department of Psychology
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EDUCATION

- 2017 Ph.D. Psychology, Carnegie Mellon University, Pittsburgh, PA
Specialization: Social/ Personality/ Health Psychology
Advisor: Dr. Brooke Feeney
- 2012 M.S. Psychology, Villanova University, Villanova, PA
- 2010 B.A. Psychology, Loyola University Maryland, Baltimore, MD

PROFESSIONAL EXPERIENCE

2017-current Assistant Professor, Syracuse University, Syracuse, NY

RESEARCH INTERESTS

My research interests center on a) identifying behaviors and cognitions in relationships that foster relationship satisfaction and persistence and b) understanding how close relationships promote individual well-being. Specifically, I am interested in interpersonal support processes that regulate stress, encourage autonomous goal pursuit and illness adjustment, and enhance relationship quality across the lifespan.

PUBLICATIONS

Peer Reviewed Journal Articles

- Jakubiak, B. K., & Feeney, B. C. (in press). Hand-in-hand combat: Affectionate touch promotes relational well-being and buffers stress during conflict. *Personality and Social Psychology Bulletin*.
- Helgeson, V. S., Jakubiak, B. K., Zajdel, M., & Van Vleet, M. (2018). Communal coping and adjustment to chronic illness: Theory update and evidence. *Personality and Social Psychology Review*, 22, 170-195.
- Kim, K., Feeney, B. C., & Jakubiak, B. K. (2018). Touch reduces romantic jealousy in the anxiously attached. *Journal of Social and Personal Relationships*, 35, 1019-1041.
- Feeney, B. C., Van Vleet, M., Jakubiak, B., & Tomlinson, J. (2017). Predicting the pursuit and support of challenging life opportunities. *Personality and Social Psychology Bulletin*, 43, 1171-1187.

- Helgeson, V. S., Jakubiak, B. K., Seltman, H., Hausmann, L., & Korytkowski, M. (2017). Implicit and explicit communal coping in couples with recently diagnosed type 2 diabetes. *Journal of Social and Personal Relationships, 34*, 1099-1121.
- Jakubiak, B. K., & Feeney, B. C. (2017). Affectionate touch to promote relational, psychological, and physical well-being in adulthood: A theoretical model and review of the research. *Personality and Social Psychology Review, 21*, 228-252.
- Jakubiak, B. K., & Feeney, B. C. (2016). Daily goal progress is facilitated by spousal support and promotes relational, psychological, and physical well-being. *Journal of Personality and Social Psychology, 111*, 317-340.
- Jakubiak, B. K., & Feeney, B.C. (2016). A sense of security: Touch promotes state attachment security. *Social Psychological and Personality Science, 7*, 745-753.
- Jakubiak, B. K., & Feeney, B. C. (2016). Keep in touch: The effects of imagined touch support on exploration and pain. *Journal of Experimental Social Psychology, 65*, 59-67.
- DiDonato, T. E., & Jakubiak, B. K. (2016) Strategically funny: Romantic motives affect humor style in relationship initiation. *European Journal of Psychology, 12*, 390-405.
- DiDonato, T. E., & Jakubiak, B. K. (2016). Sustainable decisions signal sustainable relationships: How purchasing decisions affect perceptions and romantic attraction. *The Journal of Social Psychology, 156*, 8-27.
- Slotter, E. B., Lucas, G. M., Jakubiak, B., & Lasslett, H. (2012). Changing me to keep you: State jealousy promotes perceiving similarity between the self and a romantic rival. *Personality and Social Psychology Bulletin, 39*, 1280-1292.

Peer Reviewed Book Chapters

- Feeney, B. C., Van Vleet, M., & Jakubiak, B. K. (2015). An attachment theoretical perspective on optimal dependence in close relationships. In J. Simpson and W. S. Rholes (Eds.) *Attachment Theory and Research: New Directions and Emerging Themes* (pp. 195-233). New York, NY: Guilford Press.

Manuscripts Under Review or Revising for Resubmission

- Jakubiak, B. K., & Feeney, B. C. (Revision requested). *Interpersonal touch as a resource to facilitate positive personal and relational outcomes during stress discussions.*

Non- Peer Reviewed Journal Articles

- Jakubiak, B. K. (2012). *The effect of same-sex mate value comparisons on mating aspirations.* (Master's thesis). Retrieved from ProQuest Dissertations and Theses. (Publication No. 1516256).

Non-Peer Reviewed Book Chapters

- Kendzierski, D. K., & Jakubiak, B. K. (2014). Exercise self-schema. In R.C. Eklune & G. Tenenbaum (Eds.), *Encyclopedia of Sport and Exercise Psychology*. Thousand Oaks, CA: Sage Publications.

GRANTS

External Research Grants - Funded

- 2016 National Research Service Award (NRSA) Fellowship from the National Institute on Aging (P1: Jakubiak; 1F31AG052991-01A1; \$87,152)
- 2016 Foundation for Personality and Social Psychology Heritage Dissertation Award (\$1000)
- 2016 American Psychological Association (APA) Dissertation Award (\$1000)
- 2016 American Psychological Foundation (APF) Dissertation Scholarship (\$1000)

External Research Grants – Not Funded

- 2017 Time Sharing Experiments for the Social Sciences (TESS) Young Investigators Proposal Competition (submitted September 26, 2017)

Internal Research Grants – Funded

- 2018 Collaboration for Unprecedented Success and Excellence (CUSE) Seed Grant (\$5000)
- 2015 Graduate Small Project Help Research Funding, CMU GSA/Provost Office (\$750)
- 2014 Graduate Small Project Help Research Funding, CMU GSA/Provost Office (\$750)
- 2013 Graduate Small Project Help Research Funding, CMU GSA/Provost Office (\$750)

TEACHING

Course Instructor at Syracuse University

- Spring 2018 Close Relationships (undergraduate, 25 students)
Advanced Social Psychology (graduate, 11 students)
- Fall 2017 Close Relationships (undergraduate, 41 students)

Course Instructor at Carnegie Mellon University

- Spring 2017 Close Relationships Seminar (undergraduate, 7 students)
- Fall 2016 Research Methods in Social Psychology (undergraduate, 16 students)
- Spring 2016 Research Methods in Social Psychology (undergraduate, 17 students)

Co-Instructor at Carnegie Mellon University

- Spring 2015 Research Methods in Social Psychology (undergraduate, 24 students)

Teaching Assistant (all undergraduate)

Research Methods in Social Psychology (CMU)
Personality Psychology (CMU)
Social Psychology (CMU; Villanova x 4 semesters)
Introduction to Psychology (Villanova x 4 semesters)

Teaching Training

Future Faculty Program, Eberly Center for Teaching Excellence and Educational Innovation, 2012-2016
Graduate Student Reading Group on Active Learning, 2016
Graduate Student Reading Group: Challenges to Student Learning, 2016

HONORS AND AWARDS

2017 Bobby Klaczky Graduate Student Publication Award, Carnegie Mellon University
2017 Herb Simon Graduate Student Teaching Award, Carnegie Mellon University
2016 William S. Dietrich II Presidential Ph.D. Fellowship, Carnegie Mellon University
2016 Dick Hayes Graduate Student Service Award, Carnegie Mellon University
2013 Social for Personality and Social Psychology (SPSP) Graduate Student Travel Award (\$500)
2012 Ingebord L. and O. Byron Ward Outstanding Thesis Award, Villanova University, 2012
2010-2012 Graduate assistantship awarded, Villanova University
2010 Undergraduate Student Research and Scholarship Colloquium (USRCS), Loyola University Maryland, *First Place Social Sciences Oral Presentation*
2010 Phi Beta Kappa

SERVICE

Service to the Field

Relationships Research Interest Group Committee Member, 2018-2021

Ad Hoc Reviewer: European Journal of Social Psychology
International Journal of Psychology
Journal of Social and Personal Relationships
Journal of Personality and Social Psychology
Motivation and Emotion
Personality and Social Psychology Bulletin
Review of General Psychology
Social Psychological and Personality Science

Conference Reviewer: Society for Personality and Social Psychology Poster Award, 2017
Society for Personality and Social Psychology Outstanding Research Award, 2014

Departmental Service

SU Psychology Social Area Colloquium Organizer, 2018-2019

SU Psychology Public Relations Committee, 2017-2018

SU Psychology Social Area Graduate Student Review Committee, 2017-2018

SU Psychology Social Area Graduate Applicant Review and Interview Committee, 2017-2018

Graduate student representative to committee for 100th year anniversary of CMU psychology, 2016

Graduate student representative to CMU psychology faculty, 2014-2016

Graduate student mentor, 2014-2016

Led *Preparing for Graduate School* session, 2013-2016

Delivered 2-part series on inferential statistics for social psychology, 2014

Judged undergraduate research method poster sessions, 2012-2017

CONFERENCE PRESENTATIONS

Jakubiak, B. K., & Feeney, B. C. (2018, July). *Affectionate touch during conflict promotes relational well-being and buffers stress*. Symposium presentation at the International Association for Relationship Research's Annual Meeting, Fort Collins, Colorado.

Kim, K., Feeney, B. C., & Jakubiak, B. K. (2018, July). *Touch reduces romantic jealousy in the anxiously attached*. Poster presentation at the International Association for Relationship Research's Annual Meeting, Fort Collins, Colorado.

Jakubiak, B. K., Feeney, B. C., & Wu, D. (2018, March). *Hand-in-hand combat: The benefits of affectionate touch during couple conflict*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), Atlanta, GA.

Feeney, B. C., & Jakubiak, B. K. (2018, March). *Spousal support for fears about aging and goal strivings predict wellbeing in older adulthood*. Symposium presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), Atlanta, GA.

Jakubiak, B. K., Kim, K., & Feeney, B. C. (2017, June). *Touch reduces romantic jealousy in the anxiously attached*. Symposium presentation at the International Association for Relationship Research's Interdependence, Interactions, and Relationships Mini-Conference, Syracuse, NY.

Jakubiak, B. K., & Feeney, B. C. (2017, May). *Exploration and support for exploration in younger and older adult couples*. Symposium presentation at annual meeting of the Association for Psychological Science (APS), Boston, MA.

- Jakubiak, B. K., & Feeney, B. C. (2017, January). *Affectionate touch promotes state attachment security*. Symposium presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX.
- Jakubiak, B. K. (2016, October). *The five sentence summary: A pre-writing exercise to scaffold empirical writing*. Poster presentation at the Carnegie Mellon University Teaching and Learning Summit, Pittsburgh, PA.
- Jakubiak, B. K., & Feeney, B. C. (2016, July). *Imagined touch buffers stress and promotes exploration*. Symposium presentation at the International Association for Relationship Research's Annual Meeting, Toronto, Ontario.
- Jakubiak, B. K., & Helgeson, V. (2016, July). *Our problem: Implicit and explicit communal coping in couples with recently diagnosed type 2 diabetes*. Symposium presentation at the International Association for Relationship Research's Annual Meeting, Toronto, Ontario.
- Jakubiak, B. K., & Feeney, B. C. (2015, June). *Daily goal progress is facilitated by spousal support and promotes psychological, relational, and physical well-being*. Symposium presentation at the International Association for Relationship Research's Relationships, Health, & Wellness Mini-Conference, New Brunswick, NJ.
- Feeney, B., Van Vleet, M., Tomlinson, J., & Jakubiak, B. (2014, February). *Predictors of the pursuit and support of challenging life opportunities*. Symposium presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), Austin, TX.
- Jakubiak, B. K., & Feeney, B. C. (2014, February). *"I'm touched by your support": How imagined touch support buffers stress and pain*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), Austin, TX.
- Jakubiak, B. K., & Kendzierski, D. (2013, March). *Exercise attitudes and intentions post-hypocrisy: Order matters*. Poster presentation at the annual meeting of the Eastern Psychological Association (EPA), New York, NY.
- Jakubiak, B. K. & Brand, R. J. (2013, February). *"Not the fairest of them all?": How same-sex social comparisons influence mating aspirations*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), New Orleans, LA.
- Brand, R. J., Bonatsos, A. & Jakubiak, B. K. (2013, February). *Humor and fertility in rating good-genes vs. good-dad traits*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), New Orleans, LA.
- Slotter, E. B., Lucas, G. M., Jakubiak, B., & Laslett, H. (2012, October). *Changing me to keep you: State jealousy promotes similarity between the self and a romantic rival*. Symposium presentation at the annual meeting of the Society for Experimental Social Psychology (SESP), Austin, TX.
- Jakubiak, B. K. & DiDonato, T. E. (2011, February) *"Honey, she's just a friend": An investigation of jealousy over romantic partners' cross-sex friends*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX.
- Jakubiak, B. K. (2010, May). *Jealousy in response to cross-sex friendships*. Oral presentation at the

Undergraduate Student Research and Scholarship Colloquium at Loyola University Maryland,
Baltimore, MD.

MEMBERSHIP IN PROFESSIONAL SOCIETIES

- 2010-present Personality and Social Psychology (SPSP)
- 2014-present Association for Psychological Science (APS)
- 2015-present International Association of Relationships Researchers (IARR)
- 2015-2017 American Psychological Association (APA)

ADVANCED STATISTICS TRAINING

- 2017 Structural equation modeling workshop (Data Analysis Training Institute of Connecticut)
- 2016 Mixed models course (University of Pittsburgh)
- 2016 Meta-analysis: A practical guide to meta-analysis (Carnegie Mellon University)
- 2016 Structural equation modeling reading group (Carnegie Mellon University)
- 2015 R programming (Coursera mini-course, Johns Hopkins University)
- 2015 Hierarchical linear modeling course (University of Pittsburgh)
- 2014 Dyadic data analysis workshop (Data Analysis Training Institute of Connecticut)
- 2014 MATLAB mini-course (Carnegie Mellon University)