



SYRACUSE UNIVERSITY  
AGING STUDIES INSTITUTE

May 1, 2014  
Volume 1, Issue 3

# May Newsletter



Aging Studies Institute hosted a Careers in Aging Week educational workshop on April 10, 2014. *"The Changing Face of Aging in New York State: Education and Networking Opportunities for Students and Practitioners"* was co-sponsored by the State Society on Aging of New York, the Association for Gerontology in Higher Education, and the Gerontology Society of America. The keynote speaker, Greg Olsen, Executive

Deputy Director of the New York State Office for the Aging, spent the day visiting graduate and undergraduate policy classes in the School of Social Work, culminating with a speech entitled *"The State of the State of Aging in New York"* at the Careers in Aging workshop. Workshop panelists represented a variety of settings in which services are provided for or on behalf of older adults: Cynthia Stevenson, Director of Caregiver Services, Onondaga County Department of Adult and Long Term Care Services; Gwendalyn Minton, LMSW, Social Worker, Syracuse VA Medical Center; Amanda Norton, MSW, Quality Improvement Consultant; and Chari L. Mayer, MSW, Director of Constituent Services, Representative Dan Maffei, NY-24. Participants included students, educators, service providers, and members of the gerontology community.

## Recent Publications

- 2014 Harrington Meyer, Madonna. *Grandmothers at Work: Juggling Families and Jobs*, New York City: NYU Press.
- 2014 Harrington Meyer, Madonna and Jessica Hausauer. "Long Term Care Policies and Challenges for the Elderly," in *The Oxford Handbook of Social Policy in the United States*. Daniel Beland, Christopher Howard, and Kimberly Morgan, editors. UK: Oxford University Press.
- 2013 Monahan, D.J., C.J. Smith, and V.L. Greene. "Kinship caregivers: Health and burden." *Journal of Family Social Work*, 16: 5: 392-402.
- 2014 Monahan, D.J. "Family caregivers for seniors in rural areas." *Journal of Family Social Work*, 16:1, 116-128.



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# UPCOMING EVENTS

## June 1-5, 2014 - CAPS Gerontology Education Workshop

Aging Studies Institute welcomes 18 instructors coming from across the country to attend our Gerontology Education Workshop. The workshop is intended to help them introduce aging related coursework into their teaching.

Here is a link to the workshop schedule: [http://asi.syr.edu/wp-content/uploads/2012/04/geroed\\_2014\\_preliminary-schedule1.pdf](http://asi.syr.edu/wp-content/uploads/2012/04/geroed_2014_preliminary-schedule1.pdf)

## COMPUTER TRAINING EVENTS

### Date/Time

Where: Eggers Hall, room 062

#### 05/08/2014

9:30 am - 11:30 am Excel 2013: How to Use Excel 2013

#### 05/14/2014

1:30 pm - 3:30 pm Windows 8 & Office 2013 Review

#### 05/15/2014

9:30 am - 11:30 am Apply Accessibility to Office Documents and PDFs

#### 05/20/2014

1:30 pm - 3:30 pm Excel 2013: Creating and Using Excel Tables

#### 06/12/2014

9:30 am - 11:30 am Apply Accessibility to Office Documents and PDFs

## IMPORTANT DATES TO REMEMBER

May 1–7— Final exams

May 10, 11— Commencement weekend/Mother's Day (11)

May 12–23— Maymester

May 12–Aug. 22— SU Summer office hours: 8 a.m. - 4:30 p.m.

May 13— Final grades due from faculty

May 19–June 27— Summer Session I

May 19–Aug. 8— Combined Summer Session

May 26— Memorial Day— no classes; University offices closed

June 30— Aug. 8— Summer Session II

July 4— Independence Day—no classes; University offices closed

July 7–Aug. 22—Lyman Hall elevator shutdown for repairs

July 11–13— Fire alarm testing—NO BLDG. ACCESS THIS WKND

Aug. 25— First day of classes

Sept. 1— Labor Day (no classes; University offices closed)

# FYI

ASI faculty associates, **Alejandro Garcia** and **Maria T. Brown** are among the SU faculty and staff whose artwork is currently on exhibit in the Noble Room of Hendricks Chapel, as part of SU's On My Own Time exhibition. The On My Own Time program is co-sponsored by CNY Arts and the Everson Museum of Art.

The exhibition may be viewed weekdays from 8:30 a.m. to 5 p.m. through May 14. It will be judged by a group of SU faculty and staff, as well as by a panel of professional artists from CNY Arts. Artwork selected by the CNY Arts panel will be included in a public exhibition at the Everson Museum in the fall of this year.

## IMPORTANT NUMBERS

Save these numbers to your phone just in case you are working over the summer months—**after hours** - and need assistance:

**Public Safety.....**x711 (text, 711@syr.edu)

Non-Emergency....315-443-2224

Escort requests...443-SAFE (7233)

**Heating/cooling .....**315.443.1535

**SU Technical support (basic)....**x2677

Non-emergency tech issues: email—[service@maxwell.syr.edu](mailto:service@maxwell.syr.edu)

## HAVE A SAFE SUMMER!



# ASI NEWS

**ASI Annual End of Academic Year Luncheon**

**May 5, Noon—1:30**

**314A Lyman**



**Please come and enjoy tasty treats from Roly Poly!**

**Find out what everyone will be doing over the summer**

**Discuss the academic years' progress**

**Exchange summer vacation hot spot ideas!**



Janet Wilmoth has been elected Secretary-Treasurer of the Gerontological Society of America's Behavioral and Social Sciences Section. Her three-year term will start November 2014.



Andrew London, Merrill Silverstein, and Janet Wilmoth will be attending the "Military Service and the Life Course" R24 Network Meeting May 7-9 in Washington, DC. They will be presenting two papers:

**Merrill, Andrew, and Janet** "*The Long Reach of Parental WWII Service on Baby Boomer Children.*"

**Janet, Andrew, and Will Oliver** "*Military service-related disability and men's later life health trajectories: Evidence from the Health and Retirement Study*"

## **AGING TRIVIA** **True or false?**

**Most older adults have incomes below the poverty level**

**The answer will be posted in the September 2014 newsletter.**

## **AGING TRIVIA ANSWERS**

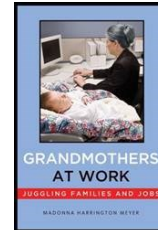
True or false:

***Older adults are incapable of learning new information. In other words, "you can't teach an old dog new tricks"***

Answer: **False** -

Older adults are capable of learning new information (as demonstrated by the number of older adults who are highly computer literate and actively involved on the WWW). There is some research that states that older adults may take a little longer to learn new information and may use different learning strategies (probably the result of generational differences). Research on memory (obviously highly related to ability to learn) is highly contradictory concerning changes with age. Research has clearly demonstrated, however, that the memory performance of healthy older adults can be improved with memory training. Thus, an older adult who is concerned about their memory might want to consider a memory training course/seminar. Finally, individuals who note a decline in memory during midlife should look to the largest contributor to temporary memory problems - stress! With increased stress, memory abilities do show a dramatic, but temporary, decline.

**-Linda M. Woolf, Ph.D**



Looking for a good read for Mother's Day ...or for your book club?

**Madonna Harrington Meyer's** new book, *Grandmothers at Work*, shows

all the joys, and all the challenges, working grandmothers face. You might see yourself in these quotes – or your future.

Book on sale at Barnes and Noble right now... at Amazon on May 2.

<http://www.barnesandnoble.com/w/grandmothers-at-work-madonna-harrington-meyer/1117472932?ean=9780814729472>

**Maria Brown** has been accepted for a fellowship to attend the 2014 Summer Training Workshop on African American Aging. Over 30 scholars applied to attend this workshop. The workshop will be held June 4th – 6th on the campus of the University of Michigan in Ann Arbor, Michigan. Fellows will be awarded a stipend to help defray travel and hotel expenses. The Summer Training Workshop on African American Aging was created to identify and train early stage career scientists of diverse backgrounds who are committed to conducting African American aging research, and to improve the quality and quantity of research conducted with older African Americans.